

RESILIENT

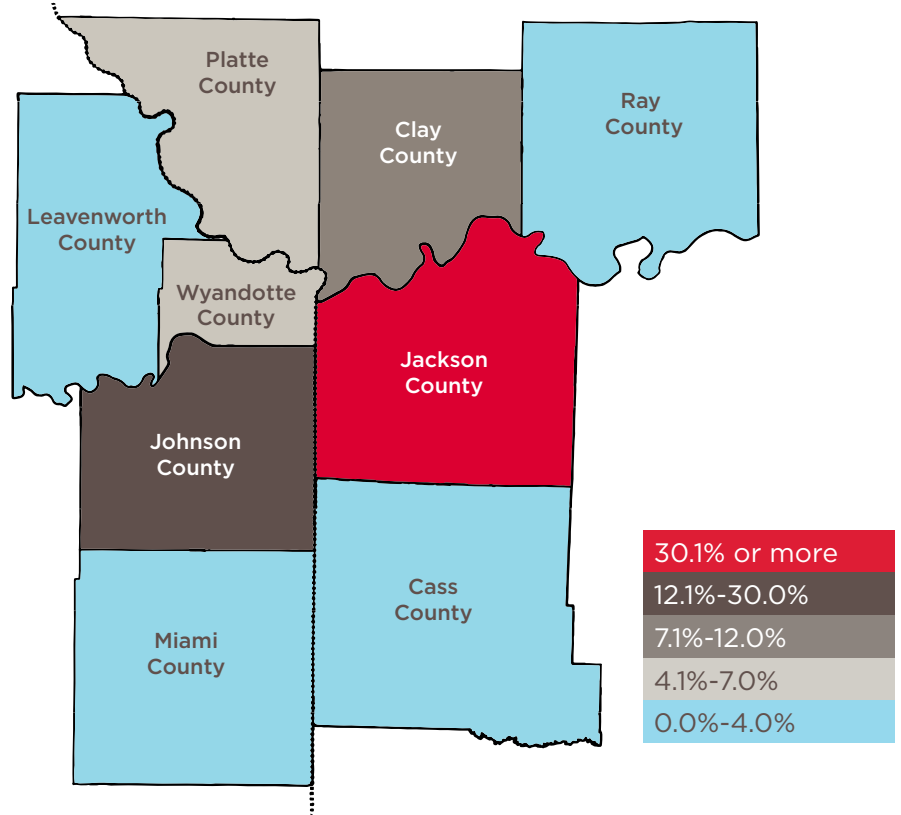


BUILDING HEALTHIER LIVES
AFTER ADVERSITY

Research shows a strong relationship between adverse childhood experiences (ACEs) and high-risk behaviors, diseases, disabilities, and workforce issues (Felitti et al., 1998). Studies demonstrated that stressful or traumatic childhood experiences such as abuse, neglect, witnessing domestic violence, or growing up with alcohol/substance abuse, mental illness, parental discord, or crime in the home are a common pathway to social, emotional, and cognitive impairments that lead to increased risk of unhealthy behaviors, violence or re-victimization, disease, disability, and premature mortality. (Hall et. al; 2012).

In the nine-county, bi-state Kansas City region, adverse childhood experiences are common. The Resilient KC ACEs findings show that many Kansas City regional individuals experienced stressors related to the community where they grew up.

Adverse Childhood Experiences (ACEs)



RESPONDENTS

A total of **3,499** are represented in the data report of the RKC ACE study.

	Kaiser Study (1995 yr.)	Philadelphia Study (2013 yr.)	RKC Study (2017 yr.)
GENDER			
Female	54.0% (n=9,362)	58.3% (n=1,040)	77.7% (n=2,685)
Male	46.0% (n=7,975)	45.3% (n=744)	22.0% (n=760)
RACE			
White	74.8% (n=12,968)	44.1% (n=786)	82.7% (2,855)
Black	4.6% (n=798)	42.5% (n=758)	10.2% (n=352)
Hispanic/Latino	11.2% (n=1,942)	3.5% (n=63)	6.2% (n=214)
EDUCATION LEVEL			
Less than High School Diploma	7.2% (n=1,248)	10.3% (n=184)	2.2% (n=76)
High School Diploma/GED	17.6% (n=3,051)	31.4% (n=558)	5.9% (n=202)
Some College	35.9% (n=6,224)	22.7% (n=402)	12.6% (n=433)
College Graduate	39.3% (n=6,813)	35.7% (n=634)	72.0% (n=2,475)
All Participants	17,337	1,784	3,499

Overall Distribution of ACEs in Kansas City

(Expanded- 14 indicators)

13.0% have a score of 0
33.5% have a score of 1-3
53.5% have a score of 4 or more

Expanded ACEs: witnessing violence in one's neighborhood, feeling discrimination based on race/ethnicity, feeling unsafe in one's neighborhood, being bullied, and living in foster care.

Percentage of Population with Four or More ACEs by County

County	4+ ACEs
Jackson	41.9% (n=749)
Johnson	27.9% (n=498)
Clay	11.8% (n=210)
Wyandotte	6.4% (n=114)
Platte	5.7% (n=101)
Cass	3.4% (n=60)
Leavenworth	1.2% (n=21)
Miami	1.0% (n=17)
Ray	0.9% (n=16)
TOTAL	100% (N=1,786)

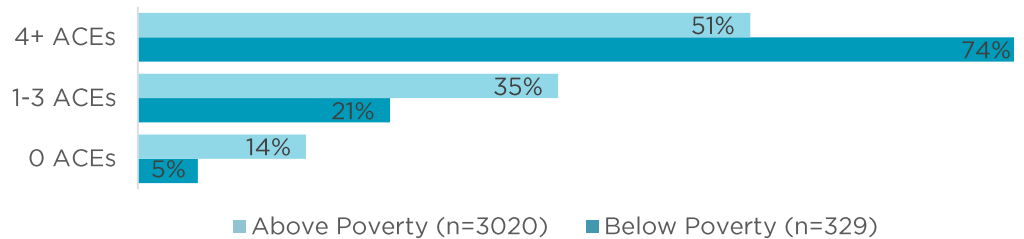
Demographics among Kansas City Adults with an Expanded ACE Total of Four or More

GENDER*		
Male	Female	
55.1% (n=397)	53.0% (n=1,383)	
RACE**		
Black	More than one Race	White
63.4% (n=223)	75.0% (n=96)	50.8% (n=1,499)

*Note: Not included in table due to small sample size: Transgender 81.6% (n=9).

**Chi-Square, p = .000

Distribution of Poverty Level and ACEs Total



Child Abuse and Neglect-

- **Three in ten (30.2%, n=1,058) adults** experienced sexual abuse with an adult at least 5 years older than them during their childhood.
- **Over half of adults (55.6%, n=1,945)** experienced emotional abuse while growing up.
- **Four out of ten, 39.9%, (n=1,384) adults** experienced emotional neglect.

Household Dysfunction-

Kansas City regional adults witnessed a parent or adults in their home being physically or emotionally **battered four times the rate** of the Kaiser study individuals (49.5% compared to 12.7%).

Approximately four in ten (40.8%) adults living or working in the Kansas City region grew up in a household where someone abused substances.

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